## CHRISTMAS APPEAL



# HELP SUPPORT YOUR FOODBANK WITH FOOD AND FUNDS THIS CHRISTMAS

In the next 2 weeks leading up to Christmas we will provide over 120 Christmas food parcels for those in crisis. We have enough Christmas food but need fundamental food items such as those on our shopping list please.

Thank you for your support

#### **DONATE FOOD**

Help by donating an item or two from our shopping list to ensure we can provide food to help people in crisis.



### **DONATE MONEY**

Help to cover the costs of storing and distributing food, as well as developing sustainable projects.



## SHOPPING LIST TOP TEN ITEMS

Cartons of Fruit juice Sponge/Christmas puds Slab cake

Biscuits

Custard

Rice pudding

Eggs

Tinned spaghetti

Tins Ham/Chicken

Tins sardines/mackerel

Don't forget ...

You can help transform more lives with a financial donation too.



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