

Market Drayton Foodbank is a project founded and supported by local churches, community groups and businesses in the area. We don't think anyone in our community should have to face going hungry. That's why we provide three days' nutritionally balanced emergency food and support to local people who are referred to us in crisis.

# BUT WE NEED YOUR HELP

This Lent why not try one or some of the following challenges as a great way of helping your local foodbank continue its vital work. You could try the challenges on your own, or why not do them as a family or get together with a group of friends.

#### 1. DONATE ITEMS

Check our website for what food we need and drop off some items at the Foodbank or at the designated drop off points around town.

#### 2. PUT TOGETHER A FOOD PARCEL

Put together a food parcel. For information on what to include see: www.marketdrayton.foodbank.org.uk/give-help/donate-food/

#### 3. HOLD AN EVENT TO RAISE AWARENESS AND FUNDS

For example... why not hold a coffee morning with some friends to tell them about the work of the Foodbank and encourage them to support our work.

### 4. 40 PENCE FOR 40 DAYS

Give up 40p a day for the 40 days of Lent to donate to the Foodbank. See the additional poster & Gift Aid form to boost your donation.

## 5. PRAY EVERY DAY FOR THE FOODBANK

Commit to pray every day for the foodbank: pray for the volunteers; for the provision of funding and donations; pray for our clients...

www.marketdrayton.foodbank.org.uk



Registered Charity in England & Wales (1144116)